



BAKER'S Coconut Recipes

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The Franklin Baker Co.,

About Coconut

Do you know that coconut is a wholesome body-building food?

Down in the tropics where the coconuts grow, the sturdy natives use the pure, white meat of this delicious nut as their principle food.

Pound for pound it is far more nourishing than beef and other standard foods. According to government reports, one pound of dried coconut equals two and one-half pounds of beef.

Of course, to get the full food value of coconut, you must get it fresh and ripe and juicy. That is why BAKER'S CANNED COCONUT is the finest on the market today.

Fresh, carefully selected coconuts are shipped right to the BAKER factory—here they are opened, grated and sealed in airtight cans. All the work is done in BAKER'S bright, spotless, sunshiny factory, where everything is as clean as in the cleanest home kitchen.

No artificial preservative is used in Baker's Canned Coconut.

The **BLUE** can contains Baker's fresh, ripe coconut, canned in its own milk. Much of this milk is absorbed by the coconut so that it is particularly soft and juicy. *When you use the coconut that comes in the Blue can, be very sure to carefully press out all the moisture before adding the coconut to your cakes and pies, otherwise, you will have more moisture than your recipe calls for.* This milk can be pressed out in accordance with directions on the can or you can put the coconut in your potato ricer or fruit press and squeeze the milk out. This coconut milk can be used in place of, or mixed with, cow's milk in your baking and adds to the delightful flavor of your cakes and pies and candies.

The **YELLOW** can contains fresh, naturally moist coconut without the milk, sweetened with pure cane sugar.

There are just two ways to get really fresh, ripe coconut. One is to know how to select a coconut, then open it and pare it and grate it—the other way is to simply open a new BAKER can. You get all of the flavor—none of the work.

The following recipes are practical and very easily made. They have all been tested in the BAKER COCONUT KITCHEN.

Coconut Charlotte

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|---------------------------------------|----------------------------------|
| 1 cup BAKER'S Coconut | 2 egg yolks |
| $\frac{1}{2}$ envelope plain gelatine | 1 teaspoon vanilla |
| 1 $\frac{1}{4}$ cups milk | $\frac{1}{2}$ pint whipped cream |
| 3 tablespoons sugar | |

Soak gelatine in $\frac{1}{4}$ cup of milk. Scald cows' milk, add sugar and beaten egg yolks. Cook several minutes and add gelatine, coconut and vanilla. When beginning to set, add whipped cream. Heap lightly in sherbet cups and sprinkle with coconut. Serves five persons.

Porto Rico Coconut Rice

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|----------------------------------|---------------------|
| 1 Blue Label can BAKER'S Coconut | 1 cup rice |
| 1 qt. boiling water | 1 cup raisins |
| 1 teaspoon salt | 3 tablespoons sugar |

Empty contents of Blue Label can Coconut into 3-quart kettle, pour over it boiling water, add rice and boil gently. When half cooked, stir in raisins and sugar. Serve hot with plain or whipped cream or with cinnamon sauce.

Cinnamon Sauce

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|--------------------------|---|
| $\frac{1}{2}$ cup butter | 2 tablespoons boiling water |
| 1 cup powdered sugar | $\frac{1}{4}$ teaspoon cinnamon extract |

Beat the butter in a bowl till creamy, then add half of the sugar and water; beat well, and add the remainder of the sugar and water. When light and fluffy add the flavoring, and set aside in a cool place till wanted.

If the Blue can is used, be sure to press the milk out as directed on the label.



Coconut Daffodil Cake

1st Part

$\frac{1}{2}$ cup butter
1 cup sugar
3 egg yolks

1 teaspoon vanilla

2 cups pastry flour
3 level teaspoons baking powder
Scant cup milk

Cream butter and sugar, beat in the egg yolks, add flour with baking powder sifted in it, alternating with milk, add vanilla. Bake in two buttered layer cake tins.

2nd Part

$\frac{1}{2}$ cup butter
1 cup sugar
2 cups pastry flour
3 level teaspoons baking powder

scant cup milk
1 teaspoon almond extract
3 egg whites

Cream butter and sugar, add flour with baking powder sifted in it, alternating with milk, add almond, fold in the stiffly beaten whites of eggs. Bake in two buttered layer cake tins.

When the four layers are baked and cool, put first a yellow, then a white, then a yellow, then a white, spreading white coconut icing between each layer and over all the top and sides. Either of the above recipes may be used as a separate cake.

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Coconut Butter Cake

1 egg well beaten

2 squares melted chocolate

½ cup milk

Cook these ingredients in a saucepan until smooth and thick.

When cool add:

1 cup sugar

1 teaspoon soda, dissolved in

1½ cups flour after it is sifted

milk

1 tablespoon melted butter

½ cup milk

Bake in two layers in a moderate oven.

Coconut Butter Filling

1 can BAKER'S Coconut

1¾ cups confectioners' sugar

½ cup butter

¼ cup coconut milk (or cream)

Beat butter to a cream, gradually beat in sugar, thinning occasionally with milk. When light, stir in coconut. Spread between the layers and on the top.

Porto Rico Coconut Ice

1 Blue Label can Coconut

1 pint boiling water

½ lb. sugar

4 sticks cinnamon

2 egg whites

juice of 1 orange and 1 lemon

(or 2 limes)

Pour boiling water over contents of one can Blue Label Coconut and cinnamon. Add fruit juices and sugar. When cool, remove stick cinnamon, add well-beaten egg whites and freeze. This will make one quart.

Hermits

1 can BAKER'S Coconut

3 cups flour

1 cup butter (scant)

½ teaspoon soda

1½ cups sugar

¼ cup hot water

3 eggs

1 teaspoon cinnamon

1 cup chopped raisins

1 teaspoon cloves

1 teaspoon vanilla

½ teaspoon ginger

Cream butter and sugar, add beaten eggs. Sift in flour, add spices, raisins, and the soda dissolved in warm water. Mix in the coconut which has been toasted. Drop from teaspoon on a buttered pan, an inch apart. Bake in a moderately hot oven about twenty-five minutes.

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Washington Coconut Pie

**1/2 cup butter
1 cup sugar
2 eggs**

**1 teaspoon vanilla
1/2 cup milk (or coconut milk)
2 cups flour (pastry)
2 teaspoons baking powder**

Cream butter and sugar until light. Add well-beaten eggs and vanilla, then the milk and the sifted flour to which the baking powder has been added. Beat well and pour into well-buttered and flour-sprinkled layer cake pans and bake for twenty minutes in a moderately hot oven. Put cream filling between layers.

Cream Filling for Washington Pie

**1 can BAKER'S Coconut
3/4 cup milk (or coconut milk)
4 tablespoons sugar
2 eggs
2 tablespoons flour
1 tablespoon vanilla
1 tablespoon butter**

Put milk on to scald. Mix flour with a little cold milk to form a smooth paste. Gradually stir this into the scalded milk. Cream butter and sugar, add well-beaten eggs and stir this into the first mixture. Cook until smooth and thick, add coconut and flavoring. Put between layers. Ice with chocolate icing. Serve while fresh.

Coconut Devils Food

**1 cup BAKER'S Coconut
1 cup sugar
1/2 cup butter
2 eggs
3/4 cup milk (or coconut milk)**

**1 1/2 cups flour
2 1/2 teaspoons baking powder
3 tablespoons cocoa
1 teaspoon vanilla
1/2 teaspoon salt**

Cream butter and sugar. Add well-beaten egg yolks. Add coconut and vanilla. Mix all well. Add flour, in which baking powder, salt and cocoa has been sifted, and milk, alternately,—then last fold in stiffly beaten whites of eggs. Turn into well-buttered and floured layer cake pans, or loaf cake pan. Ice with coconut butter icing.

Coconut Custard Pie

**1 cup milk
2 eggs**

**1/2 cup sugar
1 can BAKER'S Coconut**

Add coconut, sugar and well beaten eggs to the milk. Place in pie crust that has been brushed with butter and bake for thirty minutes.

If the Blue can is used, be sure to press the milk out as directed on the label.

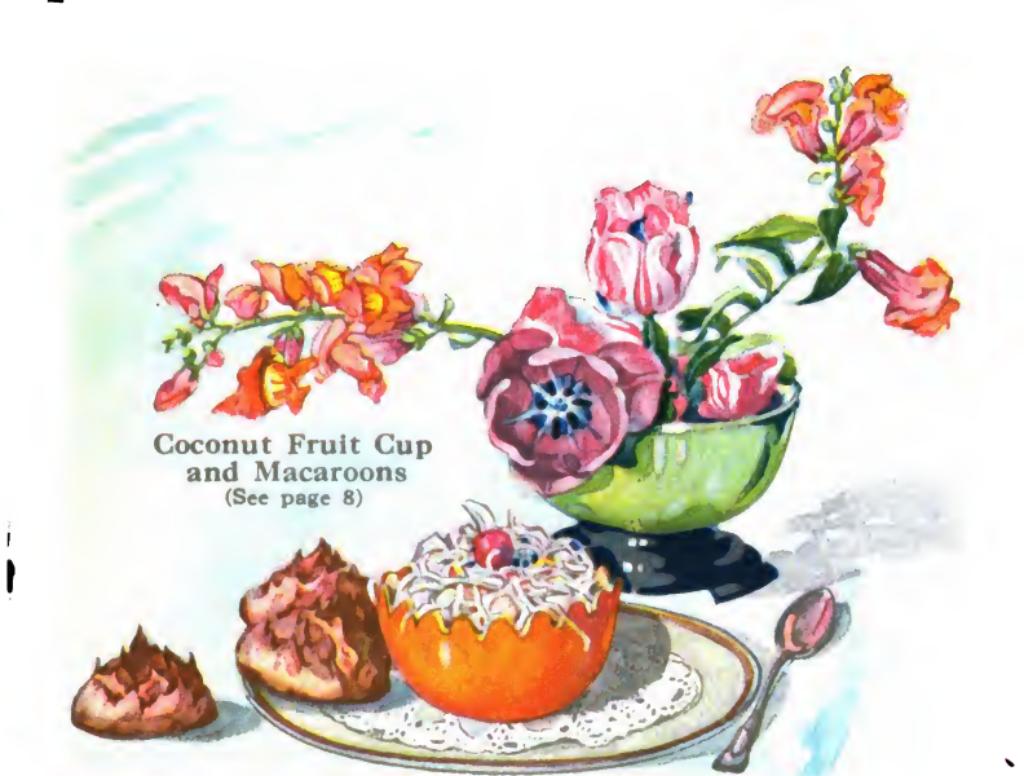


Coconut Candies
(See page 10)



Coconut Devil's Food
(See page 5)





**Coconut Fruit Cup
and Macaroons**
(See page 8)



Washington Coconut Pie
(See page 5)

Coconut Fruit Cup

2 oranges
2 bananas

$\frac{1}{2}$ cup powdered sugar
1 cup BAKER'S Coconut

(Any seasonable fruit desired can be added.)

Cut oranges in half—remove orange without breaking the skin. Scallop top of orange cup. In this, place fruit mixture which is made as follows:

Cut oranges and bananas in small pieces. Thoroughly mix in half cup of sugar and most of the coconut. After the cups are filled, sprinkle the top liberally with coconut and place a cherry on top.

This makes a delightful dessert and is particularly pleasing for children's parties.

Coconut Macaroons

1 cup BAKER'S Coconut
3 egg whites

2 tablespoons flour
1 cup sugar

Beat the eggs until stiff, add sugar and flour. Put mixture in double boiler and stir constantly—do not allow mixture to adhere to sides of boiler. Cook for about twelve minutes. Remove from fire, add coconut, mix well. When cool enough to handle form into small cakes half-inch thick. Place on a well-greased pan. Bake in a slow oven until a light brown.

Coconut Frozen Custard

1 can BAKER'S Coconut
4 cups milk
4 eggs
 $\frac{1}{2}$ cup raisins

1 cup sugar
2 tablespoons cornstarch
1 tablespoon vanilla
 $\frac{1}{2}$ cup each chopped cherries and pineapple

Cook three cups of milk in a double boiler. Moisten the cornstarch with a little milk, add it to the hot milk—stir until it thickens. Beat eggs and sugar until creamy, then add to the thickened milk. Stir and cook for a few minutes. Remove from fire, add the coconut, fruit, balance of milk and vanilla. When cold, freeze as for ice cream. If the coconut with the milk is used, take one cup of coconut milk and three of milk.

If the Blue can is used, be sure to press the milk out as directed on the label.

Bohemian Pie

1 apple
1/2 cup sugar

1/2 cup raisins
1 can BAKER'S Coconut
1 tablespoon cinnamon

Line a square pan with good pie dough—let it extend up on sides about an inch. Make a layer of apple, sliced thin. Sprinkle sugar and cinnamon over the apple. Sprinkle raisins over this, then the coconut. Cover with dough without any opening. Fold edge of lower crust over upper crust and pinch together. Wet well with cream, sprinkle with granulated sugar and bake slowly about an hour.

Coconut Jumbles

1 can BAKER'S Coconut
1 1/2 cups granulated sugar
1/4 cup butter

3 eggs
4 cups flour
4 level teaspoons baking powder
1/2 level teaspoon salt

Cream sugar, shortening and salt together; add well-beaten eggs and one cup of coconut. Sift three cups of flour with the baking powder and add to mixture. Dust bake board with flour, roll out quite thin, to 1/8 inch. Cut out with cruller cutter. Brush top with a little well-beaten egg and sprinkle with coconut. Bake in hot oven ten to twelve minutes.

Coconut Gem Cakes

1 can BAKER'S Coconut
1/2 cup sugar
1/2 cup butter
2 eggs

1 cup flour
1 teaspoon baking powder
1/4 cup milk
1 teaspoon vanilla

Cream butter and sugar, add well-beaten eggs, vanilla extract. Sift baking powder and flour and add to mixture, alternately with milk and coconut, mix well, turn into well-buttered and flour-sprinkled gem pans. Bake for twenty minutes in a moderately hot oven. Spread over top, chocolate icing to which some toasted coconut has been added.

A lemon icing with toasted coconut is also good with these small cakes.

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the milk out as directed on the label.

Coconut Candy Kisses

1 cup BAKER'S Coconut
2 cups sugar

1 cup milk (or coconut milk)

1 teaspoon butter
1 teaspoon vanilla

Mix sugar and milk until dissolved. Place on slow fire. Boil without stirring until it forms a soft ball when dropped in cold water. Remove from stove, add butter, coconut and vanilla. Stand aside until cool, then beat vigorously. Drop from teaspoon on a buttered platter.

Coconut Chocolate Fudge

1 can BAKER'S Blue Label
Coconut
2 squares chocolate
1 cup of cream, condensed milk or milk (to make 1½ cups when added to coconut milk)

1 teaspoon of vanilla
3 cups sugar
Butter size of walnut

Boil sugar, chocolate and milk (stirring constantly) until a small quantity, when dropped in cold water, forms a firm mass. Stand aside until bottom of pan is absolutely cold, then add the vanilla and butter. Beat until creamy, adding the coconut (from which all the coconut milk has been thoroughly pressed). Continue beating until thick, turn into a buttered pan and cut into squares.

Coconut Divinity Candy

1 can BAKER'S Coconut
2 cups granulated sugar
2 egg whites

1 cup Karo Corn Syrup (white)
1 cup coconut milk
1 teaspoon vanilla

Boil sugar, syrup and water until it spins a thread. Remove one cup of this syrup and stand aside. Boil remaining syrup until it cracks in ice water. To the stiffly beaten egg whites slowly add the first cup of syrup—then the remaining syrup—beating constantly. Flavor with one teaspoon vanilla and when beating becomes difficult add the coconut from which all milk has been thoroughly pressed. When the mass can no longer be stirred, form in a loaf—turn out on oiled paper and stand aside until cold.

Coconut Clusters

A wholesome and delicious candy can be made by:

Melting 1½ cups granulated sugar in a skillet. When melted, add a piece of butter the size of a walnut and quickly pour over one cup of coconut which has been evenly spread on a buttered dish.

If the Blue can is used, be sure to press the milk out as directed on the label.



Coconut Cream Pie (Meringue)

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| 1 cup BAKER'S Coconut | 2 level tablespoons cornstarch |
| 3/4 cup granulated sugar | 2 eggs |
| 1 1/2 cups milk (or coconut milk) | Pinch of salt |

Add beaten egg yolks and cornstarch to milk, place over slow fire and stir until thick. Remove from fire and add about two-thirds of the coconut. Pour into a baked crust and cover with stiffly beaten egg whites to which two or three tablespoons of powdered or granulated sugar have been added. Sprinkle coconut on top and brown quickly in oven.

Coconut Cake

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|-------------------------------------|-------------------------------|
| 1/2 cup butter | 1 cup sugar |
| 2 eggs | 1/2 cup milk |
| 1 3/4 cups flour after it is sifted | 2 1/2 teaspoons baking powder |
| 1/4 teaspoon of salt | 1 teaspoon vanilla |

Cream the butter and sugar, add the eggs, one at a time, and beat until light. Sift the flour, salt and baking powder and stir into the mixture, alternating with the milk. Add the vanilla.

Bake in two layers in a moderate oven for twenty minutes. Ice with coconut icing.

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Pastry

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|--------------------------|-----------------------------|
| 1 cup flour | 3 tablespoons cold water |
| 2 tablespoons shortening | $\frac{1}{4}$ teaspoon salt |

Sift Pastry flour and salt. Cut in shortening. When thoroughly mixed, add water. Always roll pastry one way. Handle as little as possible.

Coconut Boiled Icing

Boil without stirring, one cup of sugar, one-third cup of coconut milk or water, one-fourth teaspoon of cream of tartar. When it threads from spoon, pour onto well-beaten white of an egg. Flavor, beat until thick, add coconut and spread quickly.

Coconut Marshmallow Frosting

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|-----------------------------------|--|
| $\frac{3}{4}$ cup BAKER'S Coconut | 1 cup marshmallow whip or |
| 2 cups sugar | $\frac{1}{4}$ lb. chopped marshmallows |
| $\frac{1}{2}$ cup water | 2 egg whites |

Boil the sugar and water until it threads. Pour this mixture steadily but slowly onto the egg whites which have been beaten until stiff and dry. Add the marshmallow whip, or chopped marshmallows, and beat until thick enough to spread. Use one-third of this frosting to make a thick filling between the layers of cake and use the remainder to frost the top and sides. Sprinkle thickly with the grated coconut as soon as the cake is frosted.

Confectioners' Icing

1 BLUE can BAKER'S Coconut.

Mix $\frac{1}{4}$ cup coconut milk with Confectioners' sugar to right consistency (about one and two-third cups) add coconut; after cake is iced, sprinkle coconut on top.

If the Blue can is used, be sure to press the milk out as directed on the label.

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